

January 2023

Mon	Tue	Wed	Thu	Fri
2 	3 8:00-Coffee Talk 9:00-Current Events 10:00-Devotionals 11:00-Exercise Class 12:00-Lunch/Social Hour 1:00-Bingo 2:00-Cornhole 3:00-Nail Care 4:00-Music	4 8:00-Coffee Talk 9:00-Current Events 10:00-Cards 11:00-Exercise Class 12:00-Lunch/Social Hour 1:00-Craft 2:00-Shuffleboard 3:00-Nail Care 4:00-Social Hour	5 8:00-Coffee Talk 9:00-Current Events 10:00-Devotional 11:00-Exercise Class 12:00-Lunch/Social Hour 1:00-Bingo 2:00-Card Games 3:00-Music and Dance 4:00-Music	6 8:00-Coffee Talk 9:00-Current Events 10:00-Activity Discussion 11:00-Exercise Class 12:00-Lunch/Social Hour 1:00-Participant Story time 2:00-Basketball 3:00-Nail Care 4:00-Social Hour
9 8:00-Coffee Talk 9:00-Current Events 10:00-Nail Care 11:00-Exercise Class 12:00-Lunch/Social Hour 1:00-Craft 2:00-Basketball 3:00-Devotional 4:00-Cards	10 8:00-Coffee Talk 9:00-Current Events 10:00-Social Interactions 11:00-Exercise Class 12:00-Lunch/Social Hour 1:00-Bingo 2:00-Board Game 3:00-Music/Instruments 4:00-Reminisce	11 8:00-Coffee Talk 9:00-Current Events 10:00-Trivia 11:00-Participant Advisory 12:00-Lunch/Social Hour 1:00-Pictionary 2:00-Balloon Toss 3:00-Social Games 4:00-Movie & Snack	12 8:00-Coffee Talk 9:00-Current Events 10:00-Activity Discussion 11:00-Exercise Class 12:00-Lunch/Social Hour 1:00-Birthday Bingo 2:00-Cornhole 3:00-Music and Dance 4:00-Music	13 8:00-Coffee Talk 9:00-Current Events 10:00-Devotional 11:00-Exercise Class 12:00-Lunch/Social Hour 1:00-MLK Education 2:00-Basketball 3:00-Nail Care 4:00-Social Hour
16 	17 8:00-Coffee Talk 9:00-Current Events 10:00-Activity Discussion 11:00-Exercise Class 12:00-Lunch/Social Hour 1:00-Bingo & Ice Cream 2:00-Movie 3:00-Movie Talk 4:00-Participant Choice	18 8:00-Coffee Talk 9:00-Current Events 10:00-Dance Party 11:00-Exercise Class 12:00-Lunch/Social Hour 1:00-Food Activity 2:00-Word Games 3:00-Social Games 4:00-Movie & Snack	19 8:00-Coffee Talk 9:00-Current Events 10:00-Participant Choice 11:00-Exercise Class 12:00-Lunch/Social Hour 1:00-Bingo 2:00-Trivia 3:00-Music/Instruments 4:00-Music	20 8:00-Coffee Talk 9:00-Current Events 10:00-Social Games 11:00-Exercise Class 12:00-Lunch/Social Hour 1:00-Monthly Education 2:00-Craft 3:00-Nail Care 4:00-Social Hour
23 8:00-Coffee Talk 9:00-Current Events 10:00-Activity Discussion 11:00-Exercise Class 12:00-Lunch/Social Hour 1:00-Board Games 2:00-Bean Bag Toss 3:00-Cards 4:00-Music	24 8:00-Coffee Talk 9:00-Current Events 10:00-Jokes and Laughs 11:00-Exercise Class 12:00-Lunch/Social Hour 1:00-Bingo 2:00-Exercise Class 3:00-Hangman 4:00-Board Games	25 8:00-Coffee Talk 9:00-Current Events 10:00-Trivia 11:00-Exercise Class 12:00-Lunch/Social Hour 1:00-Reminisce with Photos 2:00-Cornhole 3:00-Word Games 4:00-Movie & Snack	26 8:00-Coffee Talk 9:00-Current Events 10:00-Games/Cards 11:00-Exercise Class 12:00-Lunch/Social Hour 1:00-Bingo 2:00-Trivia 3:00-Movie 4:00-Movie Cont.	27 8:00-Coffee Talk 9:00-Current Events 10:00-Social Game 11:00-Exercise Class 12:00-Lunch/Social Hour 1:00-Music Bingo 2:00-Trivia 3:00-Nail Care 4:00-Social Hour
30 8:00-Coffee Talk 9:00-Current Events 10:00-Nail Care 11:00-Exercise Class 12:00-Lunch/Social Hour 1:00-Craft 2:00-Bean Bag Toss 3:00-Word Games 4:00-Music	31 8:00-Coffee Talk 9:00-Current Events 10:00-Jokes and Laughs 11:00-Exercise Class 12:00-Lunch/Social Hour 1:00-Bingo 2:00-Pictionary 3:00-Hangman 4:00-Board Games			